

## Maternity & Infant Care Scheme – who/when should you visit?

**First Pregnancy** - Initial examination, if possible before 12 weeks. This examination will include blood tests to confirm the pregnancy. There will be a further 5 examinations during the pregnancy, which are alternated with visits to the maternity unit/hospital (see schedule below).

The schedule of visits may be changed by your GP and/or hospital obstetrician, depending on your individual situation.

Number of weeks Pregnant (first pregnancy)	Visit to GP	Visit to Maternity Hospital/Obstetrician
Before 12 weeks	✓	
Before 20 weeks		✓
24 weeks	✓	
28 weeks		✓
30 weeks	✓	
32 weeks		✓
34 weeks	✓	
36 weeks		✓
37 weeks	✓	
38 weeks		✓
39 weeks	✓	
40 weeks		✓

**Subsequent pregnancies** – as above, you will have an initial examination and blood tests, followed by a further 6 examinations.

Number of weeks Pregnant (subsequent pregnancies)	Visit to GP	Visit to Maternity Hospital/Obstetrician
Before 12 weeks	✓	
Before 20 weeks		✓
24 weeks	✓	
28 weeks	✓	
30 weeks	✓	
32 weeks		✓
34 weeks	✓	
36 weeks		✓
37 weeks	✓	
38 weeks		✓
39 weeks	✓	
40 weeks		✓

***If you have a significant illness, e.g. diabetes or hypertension, you may have up to 5 additional visits to the GP.***

Care for other illnesses which you may have during this time, but which are not related to your pregnancy, is **not covered** by the Scheme.

**After the birth**, the GP will examine the baby at **2 weeks** and both mother and baby at **6 weeks**.

***If your family has a medical card, please bring your baby's PPS number with you at either the two or six week check and we will register them for you.***